

# ASIA INSURANCE PHOENIX CUP 2015

**WBSC Hong Kong International** Women's Baseball Tournament

# 亞洲保險鳳凰盃

WBSC 香港國際女子棒球錦標賽 2015 6-9/2/2015

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## "Asia Insurance Phoenix Cup 2015"

WBSC Hong Kong International Women's Baseball Tournament

《亞洲保險鳳凰盃》WBSC 香港國際女子棒球錦標賽 2015

2-6 February 2015

Sai Tso Wan Baseball Field No. 90 Sin Fat Road, Lam Tin, Kowloon



Lion Rock Park Baseball Field Lion Rock Park, Wong Tai Sin, Kowloon (Near Tin Ma Court)











过 摊 保 險

International Event Sanctioned by



**CUHK SPORTS** 



#### Participating Teams:

Australia

Japan

Team Australia

Korea

Supported by

Hong Kong Allies Bravo

Singapore Taiwan

Guri-city NineVics Women's Baseball Team Singapore Panthers

Far East Bloomers Osaka University of Health and Sports Sciences

Taipei Yu-Sheng HighMatch Women's Baseball Team Taiwan Sunflower Women's Baseball

Contact Us

Hong Kong Baseball Association

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Website: www.hkbaseball.org

Tournament Website: http://hkphoenixcup.com/

#### **Opening Ceremony**

7 February 2015 (Saturday) Date Time 9:30 a.m. - 10:30 a.m. Place Sai Tso Wan Baseball Field

No. 90 Sin Fat Road, Lam Tin, Kowloon

#### Officiating Guests

Mr. Jonathan McKinley, Deputy Secretary for Home Affairs Mr. Ernesto Ng, Executive Vice President, Asia Financial

#### Programme

9:15 a.m. - 9:30 a.m.

Reception

9:30 a.m. – 10:30 a.m.

Teams Marching In Performance:

- Hong Kong Girl Marching Band 香港女子步操樂團

Welcoming Speech by Mr. Philip Li President of Hong Kong Baseball Association Speech by Mr. Jonathan McKinley

Deputy Secretary for Home Affairs Presentation of Souvenirs

Player Oath **Umpire Oath** First Pitch Group Photo **End of Ceremony** 





Mr. TSANG Tak Sing, GBS, JP Secretary for Home Affairs Home Affairs Bureau





Secretary for Home Affairs 12th Floor, West Wing.

#### "Asia Insurance Phoenix Cup 2015" WBSC Hong Kong International Women's Baseball Tournament

**Message from the Secretary for Home Affairs** 

I extend my heartfelt congratulations to the Hong Kong Baseball Association on staging the "Asia Insurance Phoenix Cup 2015" WBSC Hong Kong International Women's Baseball Tournament.

Thanks to the hard work and unremitting efforts of the Hong Kong Baseball Association, the Tournament, held yearly since 2008, has become one of the most anticipated international events on our sports calendar. Once again, the Tournament has attracted a strong line-up of top women's teams from around the world, promising a series of thrilling matches for fans of the sport. The fierce competitions will also inspire our young players to strive for excellence.

I wish this year's Tournament every success and all participants the best of luck.

Tsang Tak-sing

Secretary for Home Affairs



Mr. Bernard Charnwut CHAN, GBS, JP President of Asia Financial Holdings Ltd. President of Asia Insurance Co. Ltd.

Member, Executive Council, Hong Kong SAR Government



#### Message For the

#### "Asia Insurance Phoenix Cup 2015" WBSC HK International Women's Baseball Tournament

It gives me great pleasure to welcome all 10 teams' players and other participants to the "Asia Insurance Phoenix Cup 2015" WBSC Hong Kong International Women's Baseball Tournament. To the players who are visiting Hong Kong from Australia, Japan, Korea, Singapore and Taiwan, I wish a very pleasant stay in our city.

I would also like to thank the volunteers who make the event such a success, and the Home Affairs Bureau's Arts & Sport Development Fund and Leisure and Cultural Services Department for their assistance.

This tournament is accredited by the World Baseball Softball Confederation. Baseball is an up-and-coming sport in Hong Kong, and the "Asia Insurance Phoenix Cup 2015" represents a great opportunity to raise the game's profile here. I wish all the players of every team an enjoyable tournament!

Bernard Chan







Mr. Timothy FOK, GBS, JP
President of Sports Federation & Olympic Committee of Hong Kong, China



#### Message

CounBaseball and its softball version have become thriving sports for the amateurs whose popularity is no longer just an American phenomenon. Here in Asia the game has reached far and deep in different cultures whose people, men and women, partake in it with fervor because in part it suits the general physique and in part it does not require enormous expenses and risk hard contact which incurs some other team sports imported from the west. Hong Kong too has fallen for baseball and softball.

A manifestation of this passion reveals itself in the Phoenix Cup 2015, held under the auspices of the World Baseball Softball Confederation (WBSC), the eighth to be staged consecutively with players drawn from Singapore, Australia, South Korea, Japan and Chinese Taipei to compete against ours. The caliber of play has improved year by year, tournament to tournament, because everyone involved in the game takes it to heart and gives to it her best. Once perhaps to participate sufficed but no longer because the teams are focused to win.

We take this occasion to express thanks to the sponsor, Asia Insurance, and to largesse furnished to the event by the Arts and Sports Development Fund with the blessing of the Home Affairs Bureau as well the Leisure and Cultural Services Department. Let us now focus our attention upon the game as the umpire is about to declare, "Play ball!"





Ms. Michelle LI, JP

Director of Leisure and Cultural Services



#### Message

I would like to extend my warmest welcome to all participants of "Asia Insurance Phoenix Cup 2015" WBSC Hong Kong International Women's Baseball Tournament and congratulate the Hong Kong Baseball Association on hosting this prestigious event in Hong Kong.

Thanks to the untiring efforts of the Association and the dedication of athletes, coaches and supporters, baseball has become an increasingly popular sport in Hong Kong and our home-grown players have made remarkable achievements in major regional and international events in recent years. The Tournament, now in its eighth year, features ten elite teams from six countries/regions. This prestigious event will not only provide an excellent opportunity for all players to display their skills and team work but also present thrilling competitions at a high level.

May I wish the Tournament a resounding success and all pa a rewarding and enjoyable experience.

Ms Michelle LI Director of Leisure and Cultural Services







Mr. Andrew YAO, JP
Honorary President of Hong Kong Baseball Association
Chairman of Van Shung Chong Holdings Limited

#### Message For the

## "Asia Insurance Phoenix Cup 2015" WBSC Hong Kong International Women's Baseball Tournament

I would like to extend my warmest welcome to all of the participants of the "Asia Insurance Phoenix Cup 2015" WBSC Hong Kong International Women's Baseball Tournament. I would also like to congratulate the organizers for successfully putting together such a wonderful sporting event here in our beloved Hong Kong.

I encourage all the teams from Australia, Japan, Korea, Singapore, Taiwan and Hong Kong to enjoy your time in Hong Kong and deliver a great event full of energy and the highest standard of competition. Sport tends to unite people from different backgrounds and cultures and we are proud that Hong Kong is hosting this great event.

In closing I wish to thank the organizing committee, sponsors, working groups and volunteers for their continued support and commitment.

PLAY BALL!

Andrew Yao



Mr. Philip LI
President of Hong Kong Baseball Association



#### Message

I can tell that Phoenix Cup is a record and a showcase in the international women's baseball community because there has no other international women's baseball tournament been held every year for eight consecutive years. Congratulations to the Phoenix Cup preparatory committee on its success in organising this world famous international tournament.

Hosting a good international baseball tournament is not easy. We need to secure participation of a good number of teams, source enough funding, sustain passion, maintain a high capability of the organiser, mobilise many committed volunteer workers and receive supports of the international and local sport federations.

In my capacity of the president of the Hong Kong Baseball Association, I cordially welcome the teams from Australia, Japan, Korea, Singapore, Taiwan, and Hong Kong to play this Asia Insurance Phoenix Cup - WBSC Hong Kong International Women's Baseball Tournament 2015. On behalf of the Association, I express my sincere thanks to Asia Insurance for title-sponsor the Phoenix Cup and Leisure and Cultural Services Department for the subvention, to International Baseball Federation and Baseball and Softball Confederation (WBSC) for their endorsement of the Phoenix Cup. I am grateful to the committee members of the preparatory committee for their hard work and all those volunteers offering their efforts and time to make this tournament possible.

I wish all athletes of the teams enjoying each game they are going to play and having a pleasurable stay in Hong Kong.

February 2015



Philip LI





Dr. Felix Yip Chairman of Hong Kong Baseball Association



#### Message

There is always a saying that Rome wasn't built in a day! Ladies and gentlemen, it is indeed my honour to witness the successful development of the Women Baseball in Hong Kong. A critical milestone of its successes comes from the launch of the Phoenix Cup, a pioneer of international baseball invitational tournament worldwide for women, back in 2008. It comes to the 8th anniversary of this tournament this year and I am extremely pleased to see that it has been consistently increasing its publicity in the baseball community worldwide. There are a total of ten teams, including teams from Australia, Japan, Korea, Singapore, Taiwan and our Hong Kong Squads, competing for the Championship this year. I am sure that there will be lots of fantastic games worthwhile to watch during the tournament period between 6th and 9th February 2015 and you are invited to jointly watch them altogether.

I wish to take this opportunity to welcome all the players and friends to this Tournament and wish you all enjoying every moment from it. I also wish to specially thank to the organizing committee for your dedication in making this Tournament a success and to our volunteers for your wholehearted support in the smooth operation of the entire tournament. Let us relax from now and watch the games!



Felix Yip







Mr. Tom PENG President of Baseball Federation of Asia

#### **Baseball Federation of Asia**

#### 亞洲棒球總會



#### 2015年『亞洲保險鳳凰盃』 香港國際女子棒球錦標賽

會長賀詞

# 「巾幗英雄不讓鬚眉」

亞洲棒球總會 會長 彭誠浩 敬賀 2015年2月 於台北





Mr. Riccardo FRACCARI President World Baseball Softball Confederation



#### Dear Baseball Fans,

The VIII Asia Insurance Phoenix Cup 2015 continues to gain momentum as an exciting and successful international platform under the leadership of the Hong Kong Baseball Association (HKBA) and new Chairman Dr. Felix Yip – and is part of the legacy of past Chairman Philip Li. HKBA's vision of the Phoenix Cup is shared and endorsed by the WBSC, as women's baseball is the newest discipline under the WBSC umbrella.

Since the founding of the Phoenix Cup in 2008, HKBA has continued to place great emphasis on this important event as an opportunity and apparatus for women baseball athletes to shine on the international level. The positive impact of the Phoenix Cup serves as a driver for further developing our sport among young people and females, while reaching out to new baseball frontiers and increasing interest in our sport to new segments of the population

I congratulate HKBA for their leadership and continuing efforts to reinforce that our sport is global and a truly universal platform.

As the global governing body for both baseball and softball, WBSC wishes the best of luck to the all the participating athletes, and we hope to see them at the 2016 WBSC Women's Baseball World in South Korea.









#### WORLD BASEBALL SOFTBALL **CONFEDERATION**

The world governing body of baseball and softball



Credit to WBSC

#### About the World Baseball Softball Confederation

Headquartered in the Olympic Capital city of Lausanne, Switzerland, the World Baseball Softball Confederation (WBSC) was established in April 2013 and granted recognition as the sole competent authority in baseball and softball by the International Olympic Committee (IOC) at the 125th IOC Session in September 2013. The WBSC represents a united baseball/softball sports movement that encompasses over 65 million athletes worldwide.

The WBSC governs all international competitions involving any of the National Teams of its 141 National Federation members in territories across Asia, Africa, Americas (Caribbean, Central-, North- and South-America), Europe and Oceania.

The WBSC oversees the Softball World Championships, The Premier 12, the World Baseball Classic, and the U12, U15, U18 and U21 Baseball World Cups.

#### History of the World Baseball Softball Confederation



The World Baseball Softball Confederation (WBSC) was formed in 2013 to create a single federation designed to permanently align, merge and manage the ultimate aspirations of the sports and to achieve our global vision of giving every boy and girl in the world a chance to play the game.

Following the guidance of the International Olympic Committee who indicated the necessity for baseball and softball team up in order to be jointly considered for inclusion

in the Olympic programme, the two independent International Federations set out on a path toward a full and complete merger.

In 2012 the WBSC established a memorandum of understanding between the International Baseball Federation (IBAF) and the International Softball Federation (ISF) that essentially laid out the ground rules for partnership and begin work on a Constitution that would guide the merger and provide a framework for governance, ethics and operations.

At the historic IBAF Congress in Tokyo in April 2013, the Constitution was ratified and since it had already been approved by an ISF working group empowered to do so, the WBSC was officially formalized and empowered.

> Website: http://www.wbsc.co/ Twitter: https://twitter.com/wbsc\_co

Facebook: https://www.facebook.com/WorldBaseballSoftball Instagram: http://instagram.com/baseballworldcup/





## Game Schedule 賽程表

		1	2	3	4	5
	Group A	Guri-city NineVics Women's Baseball Team, Korea (KOR-N)	Taiwan Sunflower Women's Baseball, Taiwan (TPE-S)	Allies, Hong Kong (HKG-A)	Singapore Panthers, Singapore (SIN)	Far East Bloomers, Japan (JPN-F)
	Group B	Taipei Yu-Sheng HighMatch Women's Baseball Team, Taiwan (TPE-Y)	Bravo, Hong Kong (HKG-B)	Bulsajo, Korea (KOR-B)	Osaka University of Health and Sports Sciences, Japan (JPN-O)	Team Australia, Australia (AUS)

Time	Game Code	Activities	Venue	Time	Game Code	Activities	Venue	
Thursday 5 February 2015								
Team Arrival								
1900 Team Managers' Meeting Hotel						l		
	Friday 6 February 2015							
09:00 - 11:00	G1	*JPN-F vs TPE-S	STW	09:30 - 11:30	G2	*KOR-B vs AUS	LR	
11:30 - 13:30	G3	*SIN-A vs HKG-A	STW	12:00 - 14:00	G4	*TPE-Y vs JPN-O	LR	
14:00 - 16:00	G5	*SIN vs KOR-N	STW	14:30 - 16:30	G6	*AUS vs HKG-B	LR	
16:30 - 18:30	G7	*KOR-N vs HKG-A	STW					
		Sa	turday 7 F	ebruary 2015				
09:30 - 10:30	Ор	ening Ceremony	STW					
11:00 - 13:00	G8	*HKG-A vs TPE-S	STW	12:00 - 14:00	G9	*KOR-N vs JPN-F	LR	
13:30 - 15:30	G10	*JPN-O vs AUS	STW	14:30 - 16:30	G11	*JPN-F vs SIN	LR	
16:00 - 18:00	G12	*HKG-B vs TPE-Y	STW					
18:30 - 20:30	G13	*KOR-B vs JPN-O	STW					
	Sunday 8 February 2015							
09:00 - 11:00	G14	*AUS vs TPE-Y	STW	09:30 - 11:30	G15	*TPE-S vs SIN	LR	
11:30 - 13:30	G16	*HKG-A vs JPN-F	STW	12:00 - 14:00	G17	*JPN-O vs HKG-B	LR	
14:00 - 16:00	G18	*TPE-Y vs KOR-B	STW	14:30 - 16:30	G19	*TPE-S vs KOR-N	LR	
16:30 - 18:30	G20	*HKG-B vs KOR-B	STW					
		М	onday 9 Fe	ebruary 2015				
09:00 - 11:00	G21	A3 <sup>rd</sup> vs B3 <sup>rd</sup> (5-6 <sup>th</sup> )#	STW	09:30 - 11:30	G22	A5 <sup>th</sup> vs B5 <sup>th</sup> (9-10 <sup>th</sup> )#	LR	
11:30 - 13:30	G23	A2 <sup>nd</sup> vs B2 <sup>nd</sup> (3-4 <sup>th</sup> )#	STW	12:00 - 14:00	G24	A4th vs B4th (7-8th)#	LR	
14:00 - 16:30	G25	A1st vs B1st#	STW					
19:30	19:30 Prize Presentation Dinner Hotel							
	Tuesday 10 February 2015							
Team Departure								

STW: Sai Tso Wan Baseball Field, No. 90 Sin Fat Road, Lam Tin, Kowloon LR: Lion Rock Park Baseball Field, Wong Tai Sin, Kowloon (Near Tin Ma Court)

Hotel: Metropark Hotel Kowloon, 75 Waterloo Road, Kowloon

## Scoreboard 記錄表

Game Code	Time	Venue	Pool	Activities / Game	Final Score		
	Friday 6 February 2015						
G1	09:00 - 11:00	STW	A5 - A2	*JPN-F vs TPE-S			
G2	09:30 - 11:30	LR	B3 - B5	*KOR-B vs AUS			
G3	11:30 - 13:30	STW	A4 - A3	*SIN vs HKG-A			
G4	12:00 - 14:00	LR	B1 - B4	*TPE-Y vs JPN-O			
G5	14:00 - 16:00	STW	A4 - A1	*SIN vs KOR-N			
G6	14:30 - 16:30	LR	B5 - B2	*AUS vs HKG-B			
G7	16:30 - 18:30	STW	A1 - A3	*KOR-N vs HKG-A			
			Saturday 7 February	2015			
G8	11:00 - 13:00	STW	A3 - A2	*HKG-A vs TPE-S			
G9	12:00 - 14:00	LR	A1 - A5	*KOR-N vs JPN-F			
G10	13:30 - 15:30	STW	B4 - B5	*JPN-O vs AUS			
G11	14:30 - 16:30	LR	A5 - A4	*JPN-F vs SIN			
G12	16:00 - 18:00	STW	B2 - B1	*HKG-B vs TPE-Y			
G13	18:30 - 20:30	STW	B3 - B4	*KOR-B vs JPN-O			
			Sunday 8 February 2	2015			
G14	09:00 - 11:00	STW	B5 - B1	*AUS vs TPE-Y			
G15	09:30 - 11:30	LR	A2 - A4	*TPE-S vs SIN			
G16	11:30 - 13:30	STW	A3 - A5	*HKG-A vs JPN-F			
G17	12:00 - 14:00	LR	B4 - B2	*JPN-O vs HKG-B			
G18	14:00 - 16:00	STW	B1 - B3	*TPE-Y vs KOR-B			
G19	14:30 - 16:30	LR	A2 - A1	*TPE-S vs KOR-N			
G20	16:30 - 18:30	STW	B2 - B3	*HKG-B vs KOR-B			
	Monday 9 February 2015						
G21	09:00 - 11:00	STW	A3 <sup>rd</sup> vs B3 <sup>rd</sup> (5-6 <sup>th</sup> )#				
G22	09:30 - 11:30	LR	A5 <sup>th</sup> vs B5 <sup>th</sup> (9-10 <sup>th</sup> )#				
G23	11:30 - 13:30	STW	A2 <sup>nd</sup> vs B2 <sup>nd</sup> (3-4 <sup>th</sup> )#				
G24	12:00 - 14:00	LR	A4th vs B4th (7-8th)#				
G25	14:00 - 16:30	STW	A1st vs B1st (Champion)#				

#### Remark

\* Home Team (Dugout on third-base line)

# Coin flip to determine home & away

#### Team Awards

Champion 1st Runner-up 2nd Runner-up

Merit Award

Individual Awards

Best Coach Best Pitcher

Most Valuable Player

Most Home Runs

Most Hits

Most Stolen Base

1/1







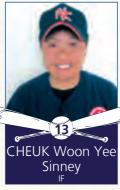






















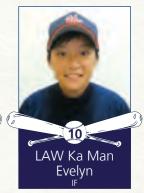






















The Allies has been playing the Phoenix Cup every year since its inception. This year, apart from players played in the Women's Baseball World Series and the IBAF Women's Baseball Cup, young players emerge from the junior squad. We cherish every opportunity of playing baseball with elite players from other countries, and we are striving our very best in the coming Asia Insurance Phoenix Cup 2015.

Allies 女子棒球隊於2007年8月為參加香 港棒球總會2008年啟辦之鳳凰杯香港國 際女子棒球錦標賽而成立。這年,除了 曾參加第四屆女子棒球世界賽及IBAF之世 界盃女子棒球錦標賽的隊員外,不少優 秀的年青選手加入球隊,希望今屆能作 出突破,創造更佳成績。







# Bravo Hong Kong

For the development of Women's baseball in Hong Kong, Bravo (formerly known as Development Team) was founded to help explore the potential of local players, provide opportunities for them to compete with other elite players overseas and gain valuable experiences through competitions. Since the joining of talented young players, we are looking forward to enhancing our baseball techniques and sense of competition by high-level international tournaments. Hopefully, it can provide impetus for the continuous growth of Hong Kong Women's baseball.

為推動香港女子棒球的持續發 展,香港棒球總會成立了Bravo 女子棒球隊(前稱Development Team),以發掘有潛質的本地 球員,並提供與世界各地好手 切磋交流、累積經驗的機會。 隨着一些有潛能的年青球員加 入,我們期待透過高水平的國 際賽事提升大家的技術及增強 比賽意識,為香港女子棒球的 持續發展增添新動力。

































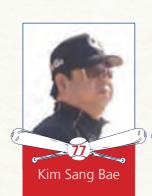




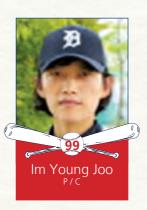


# Bulsajo Korea

Team Bulsajo is the first unified Korean team, composed of players from several different teams across the country, for the purpose of participating in the Hong Kong Pheonix Cup. While we're all of different ages and backgrounds, we are united by our passion for baseball. We are very excited about meeting fellow baseball enthusiasts, gathered in Hong Kong for the love of the sport. Participating in the Phoenix Cup will allow us to grow as baseball players and provide an opportunity to interact with female baseball players from around the world.

































# Far East Bloomers

# Japan

Far East Bloomers is a foreign contingent and the members belong to different teams playing both hard balls and rubber balls back in the country.

We had been looking forward to playing in Hong Kong as a team during this off season period for the last 7 years.

We are so glad that we can take part in the tournament again this year.

We see the matches are getting more competitive throughout the past 7 tournaments and again.

We are going to play full out and strive for the championship this year.





























22 \ 23





# Guri-city NineVics Korea

NineVics women's baseball team was founded in 2005 and became Guri-city NineVics in 2012.

The name NineVics comes from 'Nine' players aiming for 'Victory'.

The team's vision is to contribute to the growth and development of women's baseball and the team's goal is to be a model team, a skilled team, and a lovable team.

By winning the championship twice in 2014, NineVics qualified for participating in Phoenix Cup 2015 with the sponsorship of Women's Baseball Association Korea.

This is the 6th time to participate in Hong Kong Phoenix Cup. We are looking forward to seeing you soon.



Lee Sanghyun





































# Osaka University of Health and Sports Sciences

This is the 6th year of the OUHS Women's Baseball Club. The number of team members has increased since last year, and we are working hard every day to achieve our goals.

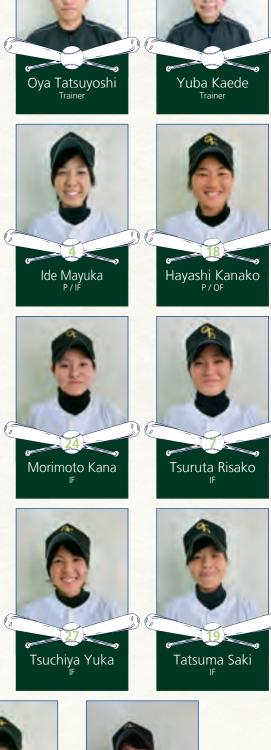
Last year, when we first participated in this international tournament, the Hong Kong atmosphere, the well-maintained diamond, and the lavish ceremony left a very strong impression on us. Also, interacting with people from many different countries helped us learn more about foreign cultures, and we were able to encounter types of baseball slightly different to Japanese baseball. It was a very good experience for us.

In this tournament, too, we will fight hard to win every game as we aim for our second consecutive tournament victory.













Wasa Misaki



Yamauchi Mirei







# SG Panthers Singapore

Singapore Panthers Baseball Team was set up in 2012/2013 together with the 1st High-School Baseball Team in Singapore. Although our players are less experienced but our participation in the 2014 Phoenix Cup was fruitful and we have learnt a lot from the tournament.

We would like to thank the Hong Kong Baseball Association for inviting us again. This year, we hope to have good improvement from the previous results and also promote Baseball for women's around the world and have more people playing in Singapore.



· · ·







































































CHOU, Pei Hsuan





PHOENIX CUP 2015

Taipei Yu-Sheng HighMatch Women's Baseball Team was established in 2012. Because of the deep love of baseball, overcoming many difficulties and obstacles, we have tried our best operated well for more than two years.

Some of our players come from professional fast-pitch softball field, and some just start to learn to play baseball since now, however, all of us enjoy the happiness of playing baseball together here, besides, learn about the skills, group, the faith of life, and grow strong together.

Moreover, being one of the women's baseball team of the world, we wish that we could be a soft but hard power to bear the responsibility to popularize and extend women's baseball.















































# Taiwan Sunflower alWan

向日葵女子棒球隊來自於台灣台中市,成軍至今已經歷經 13個年頭,最初成立契機是由幾個熱愛棒球的女生,受 到世界棒球賽的影響以及透過網路,在網友的聲援與支持 下,在三十四屆世界棒球錦標賽後成立「向日葵女子棒球 隊」,成軍的13年來,期間數度面臨無場地、無教練,甚 至一度大量球員離隊,經過不斷的磨合與整合,向日葵就 像太陽花永遠正面迎向陽光,大步向前。向日葵的教練 團,總教練顏良吉顏總,總是用他的帶隊核心「快樂棒球 學」當作向日葵的信念支柱,而永不放棄陪伴向日葵成長 的賴定聰教練,與明星教練陳柏羽教練,更是永遠給向日 葵最大的支持與鼓勵。未來期盼能將「快樂棒球」,分享給 每一位熱愛棒球的人。





# eam Australia

For the 3rd year Australia will have a team which represents the developing youth of Australian women's baseball.

We know that the experience gained through participation at the Phoenix Cup is essential to the development not only of our youth but also our Women's National Team.

The Phoenix Cup also assists in the development of female coaches in Australia.











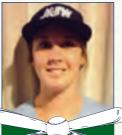












Georgia Bower









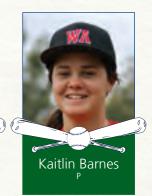


























The Chinese University of Hong Kong Faculty of Medicine Department of Orthopaedics and Traumatology

#### Master of Science & Postgraduate Diploma in

# Sports Medicine & Health Science

## 運動醫學及健康科學 理學碩士及學士後文憑

On the Equivalent List I for Recruitment of Consultant Physiotherapist (Musculaskeletal)
On the List of Quotable Qualifications of the Medical Council of Hong Kong
On the List of Quotable Qualifications of the Physiotherapists Board



#### **Programme Focus**

- Managing sports Injuries From Treatment, Rehabilitation to Injury Prevention
- Emergency Sports Medicine
- Medical Problems Encountered During Exercise and Sports Participation
- Strategies in Sports Performance Enhancement
- Applied Sports Science



#### **Target Students**

 Medical Doctors, Physiotherapists, Sports Scientists, Coaches and Allied Health & Fitness Professionals

#### **Application Procedures**

 Please visit the programme website for details: www.ort.cuhk.edu.hk/smhs



#### Information Sessions

Sessions will be held on Feb 2 and Apr 1, 2015.
 Please visit our website for more information.



Application for 2015 Sep Intake Starts Now! Deadline: 30 April 2015

#### Programme Office:

Department of Orthopaedics and Traumatology, Faculty of Medicine, The Chinese University of Hong Kong Rm 74029, 5/F, Lui Che Woo Clinical Sciences Building, Prince of Wales Hospital, Shatin, N.T., Hong Kong Tel: (852) 2632 2732 Fax: (852) 2646 3020 Email: smhs\_enquiry@ort.cuhk.edu.hk Website: www.ort.cuhk.edu.hk/smhs





# 體稅

香機棒球總會《亞州保险鳳凰盃》 WBSC香機國際女子棒球錦標賽2015

舉縣戲物!!



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# "Asia Insurance Phoenix Cup 2015"

WBSC Hong Kong International Women's Baseball Tournament

## 《亞洲保險鳳凰盃》

WBSC 香港國際女子棒球錦標賽 2015

With the Compliments of



cswBG

Sham Shui Po Baseball Club 深水埗棒球會 Cheung Sha Wan Baseball Club 長沙灣棒球會

#### www.sspbaseballclub.org

#### **SSPBC & CSWBC Coach Team**

Junior - Polar Bears

White Sox - Men Grade A

Major - Aliens B

Red Sox - Men Grade C

Minor - Aliens A

CSW Blue Sox - Men Grade C

T-Ball - Aliens C

To Rell Aliens D

CSW Blue Sox - Kenko Grade

T-Ball - Aliens D

CSW Blue Sox - Kenko Grade



Hong Kong
Girl Marching Band
香港大工生場線庫

香港女子步操樂團由香港青年步操樂團(藍天軍)的女隊員所組成,經常參與不同性質的社區表演活動,既有威風的步伐有優美的舞姿,切合現代多元化的表演要求。樂團於2013年大年初一花車巡遊,趣藝嘉年華2013等活動中表演及亞洲保險鳳凰盃香港國際女子棒球錦標賽2014,深受市民讚賞。

Hong Kong Girl Marching Band is formed by the girl team members of the Hong Kong Youth Marching Band (Blue Sky Regiment), giving performance in various community activities; combine with prestigeful marching steps and gorgeous dance line, to meet the requirements of the modern and diversified performance. The marching band performed in the Chinese New Year Night Parade 2013, the Arts In The Park Mardi Gras 2013 and Asia Insurance Phoenix Cup 2014 IBAF Hong Kong International Women's Baseball Tournament, the public showed their appreciation in our performance.



#### Organizing Committee

Advisor

Chairwoman

Vice-Chairwoman & Secretary Committee Members

Philip Li Yeung Kit Ling Au Kit Yi Kitty Chan Ka Yan Marco

Cheuk Woon Yee Sinney Cheung Tan Lee Dannii

Cheung Wai Yee Vivien

Chiu Shung Lai

Fung Siu Ping Emily

#### **Executive Committee**

Tournament Director **Technical Commissioners**  Leung Tak Kwong, Joseph Kot Sze Hang, Ada

Leung Tak Kwong, Joseph

Leung Kwok Yip Ng Chun, Cathy Tai Yu Cheng, John

Wong Siu Wai Sophia Yip Wai Kwong, Felix

Umpire-in-chief & Scoring Coordinator Wong Ki, Jonathan Kwok Pak Wai

Deputy Umpire-in-chief Tournament Logo Design

Delby Yeung

Publication

**Booklet Design & Production** 

Multimedia Developer Editorial Board of HKBA Quarterly "RUN"

Inmedia Design Ltd.

Fan Tak Kwan Gemini

Hung Yik Shan Lam Yee Wan Yvonne

Lau Tsz Chin

Wong Siu Wai Sophia

#### **Umpire**

#### China

Huang Yan Jia Liang Hao Xian

#### Korea

Jeon Munsook Jo Boyeon Park Sangtae

#### Singapore

Mathew Lee

#### USA

Angelo Zollo

#### Hong Kong Wong Ki Jonathan

(Umpire-in-chief and Scoring Coordinator)

Au Wai Hung

Chan Tak Fat

Chan Yiu Hung, Jimmy

Chan Yat Chung

Cheng Kam Ming, Eric

Cheng Yi Yan, John

Cheung Sui Man

Cheung Wai Ho

Cheung Wing Yan, Tiger

Chong Wai Kit, Michael

Huen Kun Chi, Leonard

Ip Ho Yin

Leung Wai Hung

Lui Yiu Yin

Moo Yee Wah, Eva

Ng Wai Shing

Ng Kwong Yuen

Wong Kai Cheong, Ricky

Wong Wai Hung, Aaron

Yan Hoi Ming

Yip Ka Leung

#### Scorer

Chan Sin Yee, Cindy

Chan Wing Sang

Cheung Wing Yan, Tiger

Lai Wai Tat, Pazu

Lui Yiu Yin

Sze Fung Yuen

Tang Suk Yee

Tong Yin Man

Tsang Pui Wan, Angel

Wong Lin Kwan Susanna

Wong Pak Wah

#### I.T. Support

Aveego Ltd. Nicky To

Sophia Wong

#### Photography & Video

Hong Kong Sports Photography Association Sportsoho Media Limited

SportPhoto.HK

#### Media

901 Media and Agency

Graeme Chan

Herman Chui

Man Lap Chi

Vivien Choy



First Aid

Hong Kong St. John Ambulance Li Kai Chung To Shu Sang

#### Sport Medicine Service

**CUHK Sports Medicine** 

#### Reception

Chiu Kam Ying, Angela (Co-ordinator)

Dannii Cheung (Co-ordinator)

Chan Kai Ming, Eddie Chan Wai Lee, Eddie

Chan Yin, Carol

Cherrie Lam (Emcee)

Cheng Hok Kiu

Chung Ka Kiu, Tim

Kwok Pui Yee, Cathy

Lai Lok Pan, Jasmine

Lai Wai Tat, Pazu

Lam Wing Yan, Kari

Lei Kit Ying, Olivia

Leung Kam Hung, Edmond

Ng Ka Yin

Ng Hoi Lam

Poon Kwong Chun, Jonathan

Tse Siu Kai, Stephen

Vicky Leung (Emcee)

Wai Tsz Chun, Gary

Wan Wai Ching, Jane

Wong Cheuk Kiu, Calvin

Wong Lai Fung

Wong Lik Ho, Nichole

Yip Wai Yan

Yip Yiu Ting, Damon

Yu Chun Wah, Tommy

#### Team Fscort

Chan Cheuk Kiu,

Singapore - Singapore Panthers

Chan Hei Yan,

Korea - Bulsajo Women Baseball Team

Lee Yan Ki,

Korea - Guri-city NineVics Women's

Baseball Team

Leung Ka Yan,

Taiwan - Sunflower Women's Baseball

Lin Hiu Fung,

Japan - Osaka University of Health and

Sports Sciences

Masanori Miyoshi,

Japan - Far East Bloomers

Sin Hoi Ying,

Australia - Team Australia

Yuen Ka Lai,

Taiwan - Taipei Yu-Sheng HighMatch

Women's Baseball Team

#### Administration

#### **Nicky To**

Alfred Tse

Cherie Wang

Kary Wong

Lai Chi Ho

Nelson lam

# Acknowledgements 鳴謝

Sports Federation & Olympic Committee of Hong Kong, China

World Baseball Softball Confederation

Baseball Federation of Asia

Taipei Economic and Cultural Office (Hong Kong)

Hong Kong Sports Photography Association

Hong Kong St. John Ambulance

**CUHK Sports Medicine** 

Hong Kong Girl Marching Band

# Sponsors 贊助

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Cheung Sha Wan Baseball Club

Sham Shui Po Baseball Club

Name in bold: Division Leader

 $42 \setminus 43$ 



## Location Maps 位置圖



#### 主場 Primary Venue

地點 Address 九龍藍田茜發道九十號 90 Sin Fat Road, Lam Tin, Kowloon, Hong Kong

電話Tel

(852) 2952 3011



#### 副場 Secondary Venue

地點 Address 九龍黃大仙(近天馬苑) Wong Tai Sin, Kowloon (Near Tin Ma Court)

電話Tel

(852) 2328 9841

## Learn About Baseball 輕輕鬆鬆看棒球

本 球其實就如其他運動項目一樣簡單容易,只要 了解場地及比賽規則,就能好好的欣賞一場精 彩棒球比賽了。

棒球比賽主要分成主隊及客隊。兩隊依上、下半場分別進行攻隊及守隊的任務,三人出局攻守交換,每打完一次上、下半場稱為一局。而棒球比賽依年齡及賽制有六局、七局及九局之分。比賽勝負依雙方所得分之總數多寡而定,如果打完正規局數而未分勝負,就依競賽規程而定是否以和局收場或是加打延長賽到分出勝負為止。

而棒球場的形狀就如同鑽石般美麗動人!把它分割成上下二個部份(不是左右),上半部也就是較大面積的部份稱為外野區,而下半部稱之為內野區。

而內野區再縮小範圍會以本壘為中心點向這顆鑽石的垂直中心線劃出二壘,再以本壘及二壘為中心分別取出一壘及三壘。就這樣由四個壘組成正方形,每個壘的壘間距離是90呎。而棒球比賽的主角一投手所站投手板的位置就在離本壘60呎6吋地方,當然也是在這顆美麗鑽石的中心線上了。而投手最基本的任務就是將球投進好球帶之內。

而這顆美麗鑽石到底有多大呢?以本壘為起點分向 二邊延伸,通過右邊的一壘及左邊的三壘,一直延 伸到325呎的地方就是棒球場左右二邊的理想距離 (左右二條延伸線稱之為界內區,反之為界外區);而 中間當然也是以本壘板為起點通過二壘一直延伸到 400呎為理想距離。不過棒球場之大小有時還是會依 當地場地環境而有所變化,就如同鑽石之美也在於 藝術家之巧奪天工的手藝了(少年棒球依賽制會縮 短投手、壘間及球場之距離)。

有了初步對棒球場的概念之後就來説説守備和進攻吧!

堅固的守備能力可以減低失分同時也是最佳的進攻。內野區的防守以站在投手丘投手為中心,搭配上蹲在本壘後面身著護具負責接投手球及指揮全場的捕手,以及防守每個壘包的一壘手、二壘手及三壘手(注意他們可不是死死的守在壘包上哦),再加上視為全隊移動力最強的游擊手等六人共同組成。而幅員遼闊的外野區的則交由左外野手、中外野手及右外野手三人把守。守備的球隊就是由這九個人拿著棒球手套共同組成,將進攻方所擊出來的球攔截下來並做出最適當的處理。

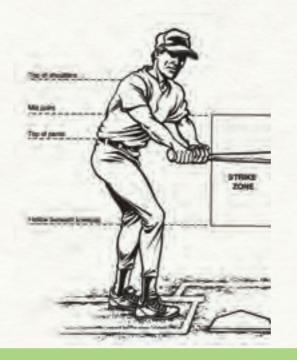
有防守就有進攻這是運動最公平的地方。除了投手可以選擇指定擊球員之外,每位防守球員都必須出場打擊;換句話說,有出場打擊的球員,同時也必須盡到防守的任務。進攻球隊的擊球員必須依照打擊順序輪流站上擊球區進行打擊的任務,當其擊出球後身份就轉變成擊跑員,如能因安打、四壞球而站上壘就稱之為跑壘員;一棒打全壘打就可以以慢跑的方式安全回壘得分。反之若是被投手給三振或是被守備人員刺殺就稱之為出局。而負責判定及維持比賽之進行的人物就是主審及壘審。

棒球比賽所使用的球是由軟木橡膠或類似材料為蕊,捲以絲線共由兩片白色馬皮或牛皮緊緊包紮並縫合。球棒必須為平滑之圓形棒,最粗之部份不得大於7公分,長度不得長於106.7公分。

而棒球比賽中最吸引人的地方莫過於兩隊總教練的 大鬥智及投手與打者之間英雄式的對決。有了種種 不同的元素,不但使棒球更精彩,更加吸引人,同 時也創造了不少棒球的神話。

#### 戴于程John Tai

輔仁大學體育系棒球專長 1987~89台北體專青棒隊球員











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