

Men Squad Training Schedule For the period of 2024 Apr

Updated on: 2024-04-08

Organizer:

The Baseball Association of Hong Kong, China (BAHKC)

NS/TS/JS

Subvention:

IASS : Subvented by Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme (IASS)

TS : Subvented by Five-year Development Programme for Team Sports under Culture, Sports and Tourism Bureau

NS (National Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

JS (Junior Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

2024 JUL

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2024-07-02	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-07-02	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/C 1900-2200	TS(STS)	HKSI
2024-07-03	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-07-04	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-07-04	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)+JS U18	HKSI+LCSD
2024-07-05	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-07-05	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-07-06	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-07-06	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-07-07	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-07-07	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-07-09	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-07-09	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-07-10	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-07-11	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-07-11	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)+JS U18	HKSI+LCSD
2024-07-12	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-07-12	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-07-13	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-07-13	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-07-14	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-07-14	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-07-16	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-07-16	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)	HKSI
2024-07-17	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	Men NS	LCSD
2024-07-18	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-07-18	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-07-19	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-07-19	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-07-20	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-07-20	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-07-21	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-07-21	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-07-23	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-07-23	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-07-24	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-07-25	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-07-25	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)+JS U18	HKSI+LCSD
2024-07-26	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-07-26	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-07-27	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-07-27	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-07-28	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-07-28	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-07-30	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-07-30	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-07-31	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD

Men Squad Training Schedule For the period of 2024 May

Updated on: 2024-04-08

Organizer:

The Baseball Association of Hong Kong, China (BAHKC)

NS/TS/JS

2024 AUG

Subvention:

IASS : Subvented by Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme (IASS)

TS : Subvented by Five-year Development Programme for Team Sports under Culture, Sports and Tourism Bureau

NS (National Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

JS (Junior Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2024-08-01	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-08-01	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-08-02	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-08-02	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-08-03	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-08-03	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-08-04	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-08-04	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-08-06	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-08-06	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-08-07	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-08-08	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-08-08	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-08-09	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-08-09	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-08-10	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-08-10	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-08-11	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-08-11	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-08-13	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-08-13	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-08-14	Wed	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2024-08-15	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-08-15	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-08-16	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-08-16	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-08-17	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-08-17	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-08-18	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-08-18	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-08-20	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-08-20	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-08-21	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-08-22	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-08-22	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-08-23	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-08-23	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-08-24	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-08-24	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-08-25	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-08-25	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-08-27	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-08-27	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-08-28	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-08-29	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-08-29	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-08-30	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-08-30	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-08-31	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-08-31	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD

Men Squad Training Schedule For the period of 2024 Jun

Updated on: 2024-04-08

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

NS/TS/JS

2024 SEP

Subvention:

IASS : Subvented by Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme (IASS)

TS : Subvented by Five-year Development Programme for Team Sports under Culture, Sports and Tourism Bureau

NS (National Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

JS (Junior Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2024-09-01	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-09-01	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-09-03	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-09-03	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-09-04	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-09-05	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-09-05	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-09-06	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-09-06	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-09-07	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-09-07	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-09-08	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-09-08	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-09-10	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-09-10	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-09-11	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-09-12	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-09-12	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-09-13	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-09-13	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-09-14	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-09-14	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-09-15	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-09-15	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-09-17	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-09-17	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-09-18	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-09-19	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-09-19	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-09-20	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-09-20	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-09-21	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-09-21	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-09-22	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-09-22	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD
2024-09-24	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-09-24	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-09-25	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-09-26	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-09-26	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-09-27	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-09-27	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-09-28	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-09-28	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-09-29	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-09-29	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18 + JS U15	LCSD