

# The Baseball Association of Hong Kong, China

## Women Squad Training Schedule For the period of December 2024

Last updated: 17 Dec 2024

**Organizer:**

The Baseball Association of Hong Kong, China (BAHKC)

**WNS/WRS**

**2024 DEC**

**Subvention:**

WNS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

WRS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B2)

WF (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

SAG: Sports Aid Grant (SAG), direct financial support from the Hong Kong Sports Institute (HKSI) to the eligible players

Date (YYYY-MM-DD)	Day		Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2024-12-01	Sun	7	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2024-12-03	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2024-12-04	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2024-12-05	Thu	4	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2024-12-05					深圳	5-7 Dec 深圳海峡杯学生联赛 - 女子组		Women	SF
2024-12-08	Sun	7	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2024-12-10	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2024-12-11	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2024-12-12	Thu	4	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2024-12-14						13-16 Dec HKIBO (Men)			
2024-12-17	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2024-12-18	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2024-12-19	Thu	4	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2024-12-22	Sun	7	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2024-12-24	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2024-12-26	Thu	4	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2024-12-27	Fri	5	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2024-12-28	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	WNS+WRS	LCSD
2024-12-29	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	WNS/WRS	LCSD
2024-12-31	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD

# The Baseball Association of Hong Kong, China

## Women Squad Training Schedule For the period of January 2024

Last updated: 17 Dec 2024

**Organizer:**  
The Baseball Association of Hong Kong, China (BAHKC)

**WNS/WRS/WF**

**2024 JAN**

**Subvention:**

WNS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)  
 WRS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B2)  
 WF (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)  
 SAG: Sports Aid Grant (SAG), direct financial support from the Hong Kong Sports Institute (HKSI) to the eligible players

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-01-01	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-01-02	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2024-01-04	Thu			4 Jan - 2 Feb STW Baseball Field closed for maintenance				
2025-01-05	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WNS/WRS	LCSD
2025-01-05	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WF	LCSD
2025-01-07	Tue	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	WNS+WRS	LCSD
2025-01-08	Wed	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	WNS+WRS	LCSD
2025-01-09	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-01-12	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WNS/WRS	LCSD
2025-01-12	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WF	LCSD
2025-01-14	Tue	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	WNS+WRS	LCSD
2025-01-15	Wed	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	WNS+WRS	LCSD
2025-01-16	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-01-19	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WNS/WRS	LCSD
2025-01-19	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WF	LCSD
2025-01-21	Tue	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	WNS+WRS	LCSD
2025-01-22	Wed	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	WNS+WRS	LCSD
2025-01-23	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-01-26	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WNS/WRS	LCSD
2025-01-26	Sun	13:30 ~ 16:30	3:00	STW	Cage	STW/C 1300-1600	WF	LCSD
2025-01-28	Tue	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	WNS+WRS	LCSD
2025-01-29	Wed			29-31 Jan Lunar Chinese New Year				

# The Baseball Association of Hong Kong, China

## Women Squad Training Schedule For the period of February 2025

Last updated: 17 Dec 2024

**Organizer:**  
The Baseball Association of Hong Kong, China (BAHKC)

**WNS/WRS/WF**

**2025 FEB**

**Subvention:**

WNS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

WRS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B2)

WF (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

SAG: Sports Aid Grant (SAG), direct financial support from the Hong Kong Sports Institute (HKSI) to the eligible players

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-02-02	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-02-02	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD
2025-02-04	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-05	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-06	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-02-09	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-02-09	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD
2025-02-11	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-12	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-13	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2024-02-14				STW	14-17 Feb Phoenix Cup		Women	LCSD LIE
2025-02-18	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-19	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-20	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-02-23	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-02-23	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD
2025-02-25	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-26	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-02-27	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD

# The Baseball Association of Hong Kong, China

## Women Squad Training Schedule For the period of March 2025

Last updated: 17 Dec 2024

**Organizer:**  
The Baseball Association of Hong Kong, China (BAHKC)

**WNS/WRS/WF**

2025 MAR

**Subvention:**

WNS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

WRS (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B2)

WF (Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

SAG: Sports Aid Grant (SAG), direct financial support from the Hong Kong Sports Institute (HKSI) to the eligible players

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-03-02	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-03-02	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD
2025-03-04	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-05	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-06	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-03-09	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-03-09	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD
2025-03-11	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-12	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-13	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-03-16	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-03-16	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD
2025-03-18	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-19	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-20	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-03-23	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-03-23	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD
2025-03-25	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-26	Wed	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	WNS+WRS	LCSD
2025-03-27	Thu	19:00 ~ 21:00	2:00	STW	Recreation Ground	N/A	WNS(S&C)+WRS(S&C)	LCSD
2025-03-30	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WNS/WRS	LCSD
2025-03-30	Sun	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	WF	LCSD