

第一屆香港國際青少年棒球經典賽
1st Hong Kong International Youth Baseball Classic
香港聯隊備戰時間表



Date	Day	From	To	Venue	HKYBC U16 Preparation	U15 JS Regular Training	HKYBC U13 Preparation	U12 RS Regular Training
2025 Jan 27	Mon	9:00	12:00	Lion Rock	Tryout		Tryout	
2025 Jan 30	Thu			年初二				
2025 Jan 31	Fri			年初三				
2025 Feb 01	Sat	9:00	12:00	Shun Yeung				U12 RS 常規
2025 Feb 03	Mon	9:00	12:00	Lion Rock	U16 備戰		U13 備戰	
2025 Feb 05	Wed	17:00	19:00	STW	U16 備戰		U13 備戰	
2025 Feb 07	Fri	17:00	19:00	STW	U16 備戰			
2025 Feb 07	Fri	19:00	22:00	STW		U15 JS 常規		
2025 Feb 08	Sat	9:00	12:00	Shun Yeung				U12 RS 常規
2025 Feb 12	Wed	17:00	19:00	STW	U16 備戰		U13 備戰	
2025 Feb 14	Fri	17:00	19:00	STW	U16 備戰			
2025 Feb 14	Fri	19:00	22:00	STW		U15 JS 常規		
2025 Feb 15	Sat	9:00	12:00	Shun Yeung				U12 RS 常規
2025 Feb 19	Wed	17:00	19:00	STW	U16 備戰		U13 備戰	
2025 Feb 21	Fri	17:00	19:00	STW	U16 備戰			
2025 Feb 21	Fri	19:00	22:00	STW		U15 JS 常規		
2025 Feb 22	Sat	9:00	12:00	Shun Yeung				U12 RS 常規
2025 Feb 26	Wed	17:00	19:00	STW	U16 備戰		U13 備戰	
2025 Feb 28	Fri	17:00	19:00	STW	U16 備戰			
2025 Feb 28	Fri	19:00	22:00	STW		U15 JS 常規		
2025 Mar 01	Sat	9:00	12:00	Shun Yeung				U12 RS 常規
2025 Mar 05	Wed	17:00	19:00	STW	U16 備戰		U13 備戰	
2025 Mar 07	Fri	17:00	19:00	STW	U16 備戰			
2025 Mar 07	Fri	19:00	22:00	STW		U15 JS 常規		
2025 Mar 08	Sat	9:00	12:00	Shun Yeung				U12 RS 常規
2025 Mar 12	Wed	17:00	19:00	STW	U16 備戰		U13 備戰	
2025 Mar 14	Fri				1st Hong Kong International Youth Baseball Classic			
2025 Mar 15	Sat				1st Hong Kong International Youth Baseball Classic			
2025 Mar 16	Sun				1st Hong Kong International Youth Baseball Classic			

STW: 九龍藍田茜發道90號晒草灣遊樂場棒球場/打擊籠

Lion Rock: 九龍黃大仙竹園道 獅子山公園 棒球場

註: 集訓時間得按場地情況作出調整; 教練將於 WhatsApp 群中通報.